Attendance of 17 members and 7 nonmembers in Holland Hospital Conference Rm D

The meeting started with 30 minutes of networking and snacks, then:

1. Kathryn Potter, West Chapter MiOTA liaison:
   1. Handouts for next 2 upcoming webinars, the Annual Conference in Livonia, and the Western Chapter Fall meeting provided.
   2. Nonmembers were welcomed and offered to meet with me later to review the website to sign up prior to leaving.
   3. Chapter Liaison announced a request for volunteers for the Liaison position for 2019 as well as need committee members.
   4. Open appeal to all present for future site hosts and guest speakers.
   5. Printed copy of the Summer newsletter provided to review.
   6. Printed copy of the AOTA position for changes to entry level degrees.
   7. Opened the floor to questions, concerns, announcement from members. Fred Sammons announced a change to the Annual Conference this year to only hold the exhibits on the first night only. He and Barb Rider also welcomed all present to the next Southwest Chapter meeting as well. Members were reminded that there was no restriction between participating at multiple chapter meetings.
2. Guest speakers are Emily Holbrook and Dana Schmalzel, both OT students from WMU completing their Level II Fieldwork placements at Holland Hospital. Their topic is Pain Management Across the Continuum.:
   1. Speakers provide a slideshow presentation with handouts on alternate approaches to measuring and discussing pain with patients.
   2. Attendees participate in a progressive relaxation exercise followed by “4-7-8 breathing” followed by yoga postures and finally a meditation session lead by an app.
   3. Informal question and answers follow.
3. Return to informal networking for last 30 minutes of meeting.

Attendees of the meeting on 8/14/18 will be sent a PDU certificate from MiOTA via email. Nonmembers will receive a separate email encouraging membership in order to continue benefitting from meetings as well as best methods to join.

Respectfully submitted, Katy Potter