



Michigan Occupational Therapy Association

The Voice of Occupational Therapy in Michigan



Michigan Occupational Therapy Association

Annual Conference

October 10-12, 2019

Bavarian Inn

One Covered Bridge Lane

Frankenmuth, MI 48734

www.bavarianinn.com

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KEY NOTE SPEAKER

Suicide Prevention 101

Laurin Jozlin, LMSW

Celebrating 100 Years

of OT in Michigan

Exhibitors



Michigan Occupational
Therapy Association
The Voice of Occupational Therapy in Michigan





Michigan Occupational
Therapy Association

The Voice of Occupational Therapy in Michigan

Thursday, October 10, 2019

- 1:00 – 3:00 PM **Exhibitor Check-In**
- 1:00 – 3:00 PM **5K Run/Walk/Roll**
- 3:00 – 8:00 PM **Registration**
- 3:00 – 8:00 PM **Exhibitors (1 PDU)**
- 3:00 – 5:00 PM **SIS Meeting (1 PDU)** (Bach/Beethoven)
- 5:00 – 7:00 PM **Welcome Reception (1 PDU)** (Bach/Beethoven)
- GENERAL SESSION*
- GUEST SPEAKER:*
- AOTA President Elect: Wendy Hildenbrand, PhD, OTRL, FAOTA*
- 5:00 – 7:00 PM **MiOTA Board Dinner by Invitation Only** (Althmuehl)

Friday, October 11, 2019

- 7:00 – 8:00 AM **Registration**
- 7:00 – 8:00 AM **Exhibitor Set-Up**
- 8:00 – 9:30 AM **Keynote Speaker AND Breakfast**
Laurin Jozlin, LMSW
Suicide Prevention 101 (Bach/Beethoven)
- 9:30-5:00 PM **Exhibit Hall Open** (during concurrent sessions)
- 11:45-1:15 PM **Unopposed Exhibit Hall Open**
Boxed Lunch Included
- 1:15-2:15 PM *Break-Out Session*
GUEST SPEAKER:
Past AOTA President: Amy Lamb, OTD, OTL, FAOTA
- 2:30-3:30 PM **Poster Session**
- 3:45-5:00 PM **Awards Ceremony / Silent Auction** (Bach/Beethoven)

Saturday, October 12, 2019

- 7:30 - 8:00 AM **Registration**
- 8:00 - 9:30 AM **Business Meeting** – All Invited (Bach/Beethoven)
Breakfast
- 10:45 - 11:30 AM **Unopposed Exhibit Hall Open**
Snack
- 1:30 PM **Conference Officially Conclude**

GUEST SPEAKER

Wendy Hildenbrand, PhD, OTRL, FAOTA

Thursday, 5-7 PM



WELCOME RECEPTION SPEAKER

Wendy C Hildenbrand, PhD, MPH, OTRL, FAOTA

Celebrating 100 Years of MiOTA

Thursday

October 10, 2019

5:00 - 7:00 PM

Wendy C. Hildenbrand, PhD, MPH, OTR/L, FAOTA is a Clinical Assistant Professor in the Occupational Therapy Education Department at the University of Kansas Medical Center. She earned her Bachelor of Science in Occupational Therapy in 1989, a Master of Public Health in 2002, and a Doctor of Philosophy in Public Administration in 2016—all from the University of Kansas. Dr. Hildenbrand's practice experience includes work in mental health, school-based practice, and population and community health. Professional expertise includes leadership; professional formation; policy development and implementation; advocacy; and building bridges between policy, academia, and practice. Her most recent research examined the experience of role conflict in frontline occupational therapy professionals when implementing policies (such as productivity requirements) and working to maintain professional values (such as client-centered care). Dr. Hildenbrand dedicates her leadership service nationally, serving as President-Elect of the American Occupational Therapy Association from July 1, 2018–June 30, 2019, and as current President of AOTA until June 30, 2022. She previously served AOTA as a member of its Board of Directors (2014–2017), and Presidential Ad Hoc Committees on Health Care Reform (2011–2013) and Prevention and Wellness (2011–2012). Dr. Hildenbrand served as Speaker of AOTA's Representative Assembly (2004–2007), Kansas Representative to the Representative Assembly (2002–2004), and Committee of State Association Presidents Steering Committee Vice-Chair (1999–2002). Additionally, she is an active member and leader within the Kansas Occupational Therapy Association (KOTA). She served as KOTA President (1994–1999), Treasurer (1992–1995), and Education Co-Chair (1991–1993). In recognition of her professional service, Dr. Hildenbrand has been named to AOTA's Roster of Fellows for her "responsive leadership and promotion of the profession." She was also awarded the Volunteer of the Year award and the Occupational Therapist of the Year award by her home state professional organization, the Kansas Occupational Therapy Association. Dr. Hildenbrand resides in Blue Springs, Missouri, yet she is a diehard University of Kansas Jayhawk basketball fan. She identifies her greatest life accomplishments as her two daughters and thanks her three grandchildren for helping her "keep it real." Dr. Wendy Hildenbrand is a Clinical Assistant Professor in the Occupational Therapy Education Department at the University of Kansas Medical Center. She earned her Bachelor of Science in Occupational Therapy in 1989, the Master of Public Health in 2002, and her Doctor of Philosophy in Public Administration in 2016 – all from the University of Kansas. Dr. Hildenbrand's practice experience includes work in mental health, school-based practice, and population and community health. Professional expertise includes leadership, professional formation, policy development and implementation, advocacy, and working to build bridges between policy, academia, and practice. Dr. Hildenbrand's desire to understand the experience of practitioners prompted her dissertation research examining role conflict in frontline occupational therapy professionals when implementing policies (such as productivity requirements) and working to maintain professional values (such as client-centered care). Dr. Hildenbrand dedicates her leadership service nationally through her recent election to serve as President-Elect of the American Occupational Therapy Association from July 1, 2018 – June 30, 2019 and then will serve as President of AOTA from July 1, 2019 - June 30, 2022. She has previously served AOTA as a Director on its Board of Directors from 2014 – 2017 and by appointment to Presidential Ad Hoc Committees on Health Care Reform and Prevention and Wellness; honorable service as Speaker of the Representative Assembly from 2004 – 2007; Kansas Representative to the Representative Assembly, 2002 – 2004; and Committee of State Association Presidents Steering Committee Vice-Chair, 1999 – 2002. Additionally, she is an active member and leader within the Kansas Occupational Therapy Association serving as KOTA President from 1994 – 1999 and other elected offices and appointed committee positions. Dr. Hildenbrand joined the AOTA's Roster of Fellows when inducted for her "responsive leadership and promotion of the profession". Also, she was awarded the Volunteer of the Year award and the Occupational Therapist of the Year award by the Kansas Occupational Therapy Association. Dr. Hildenbrand resides in Blue Springs, Missouri, yet, she is a diehard University of Kansas Jayhawk basketball fan. She identifies her greatest life accomplishments as her two daughters and credits her three grandchildren with helping her "keep it real".



KEY NOTE SPEAKER

Laurin Jozlin, LMSW

Suicide Prevention 101

Friday

October 11, 2019

8:00 AM - 9:30 AM

Laurin Jozlin, LMSW has worked in the public Community Mental Health system for the past 10 years. She has worked with individuals and families experiencing thoughts of suicide and more recently leading the movement called “Zero Suicide” to reduce gaps in treatment, increase training and increase clinical services to those in the public mental health system who are at risk of suicide. Laurin currently leads evidence based practice initiatives for youth and families in Oakland County. She has a toddler and is expecting another baby at the end of October.

Thursday
October 10th

5K
Run, Walk, Roll
1:00 – 3:00 PM

Attendees Can
Earn PDU s
Thursday 3.5
Friday 6.5
Saturday 5.5

Thursday
October 10th

Welcome
Reception (5-7)
Exhibit Hall (3-8)
SIS Meeting (3-5)

Friday
October 11th

Awards Ceremony
Silent Auction
3:45 – 5:00 PM



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GUEST SPEAKER

Amy Lamb, OTD, OTL, FAOTA

Friday 1:15-2:15 PM



GUEST SPEAKER

Amy Lamb, OTD, OTL, FAOTA

Co-Presenters: Sara Clark, Ms, OTRL and Cathleen Johnson, PhD, OTRL, FMIOTA

Value Based OT: Implications and Opportunities During the PDPM Transition

Friday

October 11, 2019

1:15 – 2:15 PM

Dr. Lamb is the owner of AJLamb Consulting and an Associate Professor of Occupational Therapy at Eastern Michigan University. She is Past-President of the American Occupational Therapy Association serving in that role from 2016-2019. She has previously served the American Occupational Therapy Association on its Board of Directors as its President-Elect from 2015-2016 and Vice President from 2012-2015. Dr. Lamb is a past chair of the American Occupational Therapy Political Action Committee (AOTPAC) from 2006-2012. She brings with her the valuable combination of clinical practice as a licensed occupational therapist combined together with health care policy experience at the state and federal levels. Dr. Lamb's expertise includes health policy, prevention and wellness, and occupational therapy as a career. Dr. Lamb received both her Bachelors of Science in Occupational Therapy and her post professional Doctor of Occupational Therapy from Creighton University in Omaha, Nebraska. Her policy experience began in the Minnesota House of Representatives working with the Health Policy committee. From there she went on to be employed by the Nebraska Occupational Therapy Association as their registered lobbyist from 2000-2008. Dr. Lamb's clinical expertise spans from private practice, school based pediatrics, acute care, and older adults. Prior to her current position she was an Outpatient Director with Brookdale Senior Living managing the outpatient therapy clinics, home health rehabilitation services and hospice services in assisted living and independent living communities in the Denver, Colorado area. In 2012, Dr. Lamb was selected to join the American Occupational Therapy Association Roster of Fellows. In 2011, she received the AOTA Lindy Boggs advocacy award for her leadership in advocacy and political action in the profession of occupational therapy. Dr. Lamb was the 2014 recipient of the Eastern Michigan University College of Health and Human Services Everett L. Marshall Fellow Award for Excellence in Service. In her volunteer leadership positions, Dr. Lamb is part of the team that helps occupational therapy professionals understand AOTA's policy and quality agenda's. She is integral in articulating the distinct value of occupational therapy in traditional and emerging areas of practice including primary health care and wellness initiatives. She speaks regularly to groups on health policy issues impacting practice emphasizing quality services for beneficiaries and provides participants with practical ways to get involved in the process and make their voices heard. Dr. Lamb works to help practitioners, students, educators and researchers identify their role as influencer's of change in their daily work as we demonstrate the value of occupational therapy to enhancing the efficiency of systems we work within, enhancing the quality of care client's receive, and being a cost effective solution to meet the dynamic needs of the people, populations and communities we serve. Dr. Lamb currently resides outside of Dexter, Michigan with her husband Nathan and their two children Gabby (17) and Josh (15).

THURSDAY SESSIONS

Thursday: 3:00 PM – 5:00 PM

BACH ROOM

SIS MEETINGS

Thursday: 5:00 PM – 7:00 PM

BACH ROOM

WELCOME RECEPTION

AOTA President Elect

Wendy Hildenbrand, PhD, OTRL, FAOTA

Celebrating 100 Years of MiOTA

½ page ad

Excel

FRIDAY SESSIONS

Friday: 8:00 AM - 9:30 AM

BACH ROOM

KEYNOTE ADDRESS

Laurin Jozlin, LMSW

Suicide Prevention 101

Many people are impacted in some way by suicide, yet it is rarely talked about. In order to help prevent suicide, one needs to begin talking about it openly and in turn, reduce the stigma. This presentation will provide the tools to learn how to talk about suicide, start conversations about it and notice the signs and symptoms to look for in a person who may be at risk. This presentation will provide effective strategies to intervene with a person who is at risk for suicide. Furthermore, it will provide tools to assist in beginning a discussion on how to access community resources to support them and help keep them safe. All care providers need to understand the stigma of suicide, recognize the signs and symptoms and be able to ask individuals if they are having thoughts of suicide per JACHO. Participants will learn: 1. How to talk about suicide and reduce stigma, 2. Identify warning signs that a person is at risk for suicide, 3. Ask a person if they are having thoughts of suicide, and 4. What do when someone is having thoughts of suicide.

Friday

9:45 AM – 11:45 AM

BACH ROOM

Cheri Ramirez, MS, OTRL

Back-to-Basics: The Intricacies of Muscle Contraction

This is the third workshop offered in the “Back-to-Basics” series that serves as a refresher course for occupational therapists who would like to review and/or gain a better understanding of the intricate and collaborative neurological, psychological, anatomical, and physiological components involved in muscle contraction. The goal of this interactive, evidence-based presentation is to provide participants the ability to more thoroughly understand, and describe, the many steps involved in successful muscle contraction, and use this information to educate and motivate their clients to “keep moving” throughout their daily routine and treatment sessions. The information included in this course will be applied to the review of some motor diseases and disabilities encountered in habilitation and rehabilitation.

Friday: 9:45 AM – 11:45 AM

BEETHOVEN ROOM

Nel Ledesma MHS, OTRL

Sensory Training: Translating Research to Clinical Application and Home Program

Every year, more than 795,000 people in the United States have a stroke. Eighty percent of survivors report upper extremity deficits which is a major contributor for loss of independence.

Prevalence of sensory impairment post-stroke is between 47% – 89%. Consequences of sensory loss or dysfunction include but are not limited to difficulties with personal care, meal preparation, and difficulty performing leisure activities. Often patients are instructed to compensate using their vision and/or to use their non-affected hand to perform the task which leads to learned non-use of the affected hand. In addition, patients report that little attention was paid to their sensory impairment in IP & OP rehabilitation, focus was on motor recovery, and no training program was provided after discharge. This presentation will review the adaptive and compensatory strategies frequently used by clinicians for sensory re-education. We will discuss the active sensory training and the evidence-based use of transcutaneous electrical nerve stimulation (TENS) for sensory training as well as a home-based sensory training program. Sensory assessments and outcome measures will also be reviewed and cases studies will be presented. We will also discuss the efficacy of the use of TENS in addressing peripheral neuropathy with patients diagnosed with Guillain-Barre' Syndrome (GBS) and Diabetic Peripheral Neuropathy (DPN).

Friday: 9:45 AM – 11:45 AM

BRAHAMS ROOM

Barbara Williams, OTD, OTR

NBCOT Navigator®: The Next Era in Continuing Competency

NBCOT has created a virtual platform, the Navigator®, for OTR® and COTA® certificants to engage in continuing competency assessment throughout their professional careers. Based upon a national practice analysis study, as well as current evidence, this innovative and dynamic virtual technology platform is designed to support OT certificants by providing feedback on current practice skills and introducing evidence-based resources. Nationally recognized and award winning, the Navigator tools are ground breaking within the OT profession as well as the national certification industry.

Friday: 9:45 AM – 11:45 AM

MOZART ROOM

Kara Luplow, OTRL; Justine Kenyon-Nitsch, MS, OTRL; Maria Ortman, MS, OTRL

Occupational Therapy Impacts ICU Acquired Delirium with Cognitive Based Treatments

Despite a heightened awareness of ICU delirium, we have felt that acute cognitive changes were still impairing many of our patients. We developed a pilot study that focused on OTs identifying patients who were experiencing delirium and providing extra cognitive treatments in addition to daily OT. We will be presenting how our pilot study indicated improvements in hospital length of stay, readmissions, ventilator days, sedation and restraint days, and what that means for the patient. We want to focus on methods of identifying delirium and how we, and other healthcare professionals, have been missing it. Our purpose is to share our experiences, describe utilization of these tools in daily practice and sharing how to become a more integral part of the ICU team. Participants will be able to discuss valid and reliable ICU delirium testing that is available; identify 3 types of delirium and subsequent treatments ideas; and discuss tips to developing a delirium program.

Friday: 9:45 AM – 11:45 AM

RHINE ROOM

Marta Muusz, MS, OTRL; Julie Jacob, MS, OTRL; Pennie Wysocki, BS, COTAL

Strengths-Based Student Supervision

To ensure fieldwork student success, it is important to work from a strength-based approach, both in terms of identifying students' strengths as well as fieldwork educators' strengths. In this session, a strengths-based approach to student supervision will be discussed and fieldwork educators will be given tools and strategies to identify their own strengths, identify strengths in their students, and to adapt their supervision style to different student needs and challenging situations. This topic is also applicable for those who serve as team leaders or managers and can be applied to leading a diverse team of professionals. Learning objectives include participants will: identify their strengths as a fieldwork educator; identify characteristics of effective student supervision; identify proactive tools and strategies to support students' strengths and manage (avoid!) problems; understand how to apply leadership theory to clinical supervision; and apply theory, tools, and strategies to clinical scenarios.

Friday: 9:45 AM – 11:45 AM

MOSEL ROOM

Steven Eberth, OTD, OTRL; Richard Cooper, EdD, Professor Emeritus, OTR; Warren Hills, PhD

Therapeutic Magic: Demystifying an Engaging Approach to Therapy

Development of the "Therapeutic Magic" training program occurred at Western Michigan University (WMU) to train occupational therapy students to use magic as a viable therapeutic modality. We will present the concepts of therapeutic magic, teach a basic set of illusions, explain how to use illusions in treatment, and how to document for reimbursement through large and small group activities. Participants will receive materials to use in their own practice and learn of our student survey research and program development findings. Documentation of magic as a therapeutic activity has existed since World War I and in occupational therapy literature since 1940. Over time, the approach developed and was endorsed by the American Occupational Therapy Association in 1982 and known as Project Magic. Magic is an interactive means to treat a wide variety of underlying performance skill impairments for different populations and age groups to improve motor, process, and social interaction skills. Participants will discover and learn about the history, concepts, and illusions for treatment in occupational therapy and learn to apply therapeutic magic in treatment and to document for reimbursement through case studies.

Friday: 9:45 AM – 11:45 AM

DANUBE ROOM

Donna Case, PhD, OTL

Best Practice in Schools

School based practice is changing rapidly as cost cutting and evidence based demands intersect with school practice. School based occupational therapy practitioners straddle both the medical

and educational model. Technology is changing and impacting student's means of expressing themselves in written and verbal communication. This session will be a come and share session where the presenter and participants can share some of their favorite treatment ideas and successes or problem areas that need a solution. Be prepared to share and problem solve. Participants will experience a variety of tools and resources for successful school based practice; identify constraints of school based practice; and identify resources for questions, problems and opportunities.

Friday: 9:45 AM – 11:45 AM

ALTMUEHL ROOM

Bridgette Nicholson, OTRL

PART 1: Writing Success for all Students, with Assistive Technology (Part 2 is Saturday, 11:30-1:30 PM in the Altmuehl Room)

Writing and recording information to show what they know is our students' occupation in the educational environment. Children's ability to write will impact their functioning in almost every academic area, and in daily living, while in school and beyond. Occupational therapy intervention for writing, including handwriting/penmanship skills and typing is common for therapists working in school environments. As OT's, we are in the ideal position to support students' access to technology which will allow them to function at the highest levels of independence. This will be a presentation covering the entire continuum of the writing process for students of every grade, age, and functional level. We will cover all methods of writing. A database of tools and strategies will be provided. Participants will have the opportunity of trying out some of the ideas presented. Case studies and progress monitoring ideas will be shared. Participants will be able to demonstrate and teach the use of a variety of writing tools (technology-based and non-technology) to their students, as well as help with the integration of these tools and strategies into each students' curriculum; describe the different methods of writing and explain the importance of a range of writing production methods for all students at different cognitive and skill levels; compare and contrast different methods of writing with variables and support to identify successful methods of writing for their students; apply the information immediately after the presentation given the hands-on training, together with readily available technologies for their students; and compare and contrast different methods of multimedia input and output technology systems to identify successful methods of learning for their students.

Friday: 1:15 PM-2:15 PM

BACH ROOM

Sara Clark, MS, OTRL; Amy Lamb, OTD, OTL, FAOTA; and Cathleen Johnson, PhD, OTRL, FMIOTA
Value Based OT: Implications and Opportunities During the PDPM Transition

Medicare's Patient Driven Payment Model (PDPM) will have significant implications for occupational therapy practice in skilled nursing facilities (SNFs). The session will review how practitioners can meet the PDPM outcomes through patient-driven, evidence-informed, occupation-based interventions in the context of reimbursement requirements. Participants will share ideas on how to navigate PDPM changes and show the value of OT for best-practice.

Friday: 1:15 PM-2:15 PM

BEETHOVEN ROOM

Lisa Johnson, OTD, OTRL

Occupational Therapy Call to Address Functional Literacy in Everyday Practice

Low literacy and limited accessibility of community resources and infrastructures supports can lead to occupational deprivation (Grajo and Gutman, 2019). Occupational therapist may not train clients in reading skills, but we should be addressing literacy skills to promote participation in everyday activities. Functional literacy according to Grajo and Gutman (2019) is defined as “The ability to interpret common written material needed to effectively carryout basic daily life skills, particularly in meaningful occupations and social roles.” This presentation will briefly review components of literacy, contexts from an occupational therapy lens. Three strategies for addressing literacy in occupational therapy practice across the lifespan will be discussed. The presentation will conclude with an interactive time of sharing and collaboration regarding call to action activities that OT’s can begin to implement immediately in their everyday practice to enhance and advocate for the literacy needs of their clients.

Friday: 1:15 PM-2:15 PM

BRAHAMS ROOM

Joe Latocki, OTRL; Michelle DeMarco, OTRL

Desensitization – Does it Work for the Chronic Pain Population?

Desensitization can be an ambiguous term that is applied in so many ways and to different diagnoses. How do you know as a clinician which strategy to use and if your technique is making a difference? What does the current evidence in research point to? This presentation will explore the current research on this topic and unveil the mystery of desensitization and chronic pain. Participants will be able to identify: the factors to consider when recommending a desensitization protocol for an individual with chronic pain; effective strategies for implementing a desensitization home program; understand the current state of evidence on this topic; and identify appropriate and accurate pre and post measures to evaluate your desensitization protocol.

Friday: 1:15 PM-2:15 PM

MOZART ROOM

Ann Chapleau, DHS, OTRL; Jennifer Harrison, PhD, LMSW, CAADC

Asylum Life in Michigan Before Thorazine: Did we Throw the Baby out with the Bathwater?

Kalamazoo was home to one of the first psychiatric hospitals in the U.S. in 1859. Marion Spear, OT director from 1918-1922, developed occupation-based programming including arts and crafts and therapeutic work, and an OT school. Daily treatment was occupation- and sensory-based, with arts and crafts, therapeutic work programs, and varied massage and bath treatments. However, in 1955, neuroleptics were introduced, leading to the dismantling of occupation-based treatment and reliance on the medical model. Despite the widely accepted success of neuroleptics, rates of disability have markedly increased in the last 50 years. In a

chart review spanning 1945-1954, data analysis reveals unexpected outcomes that challenge the belief that, prior to neuroleptics, patients experienced poor care and outcomes. This presentation will highlight findings and discuss the implications for OT and the need for digitizing historical records to enable a more complete picture of interventions and resulting outcomes both pre- and post-neuroleptic use. Participants will compare the early history, treatment outcomes, and role of occupational therapy in the psychiatric setting with current practice and outcomes and discuss strategies for accessing historical state records to study outcomes that can influence future policy decisions and funding priorities.

Friday: 1:15 PM-2:15 PM

RHINE ROOM

Sarah Johnson, MS, OTRL

Robotic Therapy to Facilitate UE Motion for Various Diagnoses Including Brachial Plexus Injury

The Armeo Spring is an upper extremity robot which requires motion of a patient's upper extremity to engage in a computer based task. Research suggests use of this or similar devices is beneficial to shoulder movement in children with Brachial Plexus Palsy, a supplement to conventional therapy for CVA, MS, and cognition. This presentation will focus on the use of the Armeo Spring as modality for treatment of patients in an outpatient setting. The presenter will review patient outcomes relative to biomechanical and activities of daily living standpoint, in addition to those reported from a patient perspective. At the conclusion of this lecture, participants will recognize the benefits of virtual reality/robotics in treatment, identify current products on the market for clinical intervention, and appropriate patient populations for treatment with the Armeo Spring.

Friday: 1:15 PM-2:15 PM

MOSEL ROOM

Jennifer Miles, OTRL, LSVT BIG

Travel Occupational Therapy- The good, the Bad, the Ethics

Have you ever wondered about Travel Therapy? What's involved? Is it worth moving every few months? The answer can be Yes or No. This session will assist in explaining the basics of Travel Therapy as well as some resources into what the next step might be for those interested. I also share personal experience, as well as experiences by other therapists with good and bad Agencies, contracts, and facilities, and some resources on how to tell the difference. Participants will obtain an: increased understanding of the travel Occupational Therapy field; awareness of ethical dilemmas in travel therapy; and knowledge of steps to begin travel therapy.

Friday: 1:15 PM-2:15 PM

DANUBE ROOM

NJ Phillips, OT Student

Improv Comedy: Philosophies and Teachings in Practice

Improv comedy and occupational therapy both got its beginnings in the Hull House in Chicago, IL. Learn the history and philosophy of improv comedy. Then get ready to stand on your feet and practice some improv games. Followed by a discussion of how improv might be implemented into practice. This workshop is taught by NJ Phillips, a Second City, Chicago conservatory graduate. NJ currently runs a biweekly long form improv jam in Ann Arbor, MI.

Friday: 1:15 PM-2:15 PM

ALTMUEHL ROOM

Kirsten Matthews, MS, OTRL

What's New in Lymphedema - Exploring Current Research & Trends from Around the World

In recent years, there has been a significant increase in awareness and research of Lymphedema, Phlebolympheidema, and Lipedema / Lipo-Lymphedema. As technology and research allow us a better window into the processes that influence lymphedema and related disorders, clinicians who work with patients with chronic swelling would benefit from increased understanding of processes that lead to lymphedema, as well as current research and trends in prevention, management, and even compression garments.

POSTER SESSION
FRIDAY 2:30-3:30 PM

POSTER 1

Friday 2:30-3:30 PM

Allissa Smith, OTD, OTRL

Social Isolation Risk Factors Among Community-Dwelling Older Adults: The Perceptions of Occupational Therapy Practitioners in the Skilled Nursing Facility Setting

The prevalence of social isolation among the increasing older adult population prompts the need to investigate how OT practitioners are addressing social isolation risk factors among this vulnerable population prior to discharge from the skilled nursing facility (SNF) setting.

POSTER 2

Friday 2:30-3:30 PM

Holly Grieves, OTD, OTRL and Tracy Young, MHS, OTRL

The Effect of Instructor-Produced Videos for Training Visual Screening Procedures

Limited current research investigates the educational benefits of instructor-produced video in occupational therapy education. This study used focus groups to explore student perceptions of instructor-produced video to enhance knowledge, self-efficacy and clinical skill with

administering visual screening procedures. The videos were available to occupational therapy students as supplemental material during a required vision and cognition course. Twenty-three participants articulated their perception of the value of instructor-produced video to enrich their learning. Three categories emerged from the data analysis including clinical application, learning preferences, and elements of video production. Students commented on how the videos positively influenced their ability to perform visual screens, confidence with administering screens and reasoning when evaluating client response. Videos allowed them control over the pace of information delivery, the frequency of delivery and the environment in which they viewed the content. Elements of video production that enhanced their learning including actor characteristics and video use pragmatics.

POSTER 3

Friday 2:30-3:30 PM

Nancy Hock OTRL, CHT and Debra Lindstrom, PhD, OTRL, FAOTA, FMiOTA

Normative Data for the Baseline 5 Position Pinch Gauge and the Relationship between Lateral Pinch Strength and Pinch Span

The aim of this study was to collect normative data for the Baseline® 5 Position Hydraulic Pinch Meter, evaluate interrater reliability and identify at which pinch span the greatest force was produced.

POSTER 4

Friday 2:30-3:30 PM

Debra Lindstrom, PhD, OTRL, FAOTA, FMiOTA and Marisa Gonzalez, OT Student

Inter-professional Discharge Standardized Patient Simulation with OT, PA and SLP Graduate Students

Inter-professional Educational (IPE) opportunities are required for many health care educational programs. This IPE simulation was developed to help students meet the IP competency of knowing the roles of the members of an IPE team.

POSTER 5

Friday 2:30-3:30 PM

Debra Lindstrom, PhD, OTRL, FAOTA, FMiOTA; Carolyn Sithong, MS, OTL, **SCEM, CAPS**; and Katie Sullivan, MS, OTRL

Establishing Home for Life Design App Assessment Psychometrics

This study concludes a 5-year research project establishing Inter-Rater Reliability (IRR) for the Home for Life Design App Assessment (HfL). OTs need to increase our role in being recognized as professionals able to make occupation focused home modification safety recommendations, but we must use evidence-based practice assessments that are psychometrically sound for this work.

POSTER 6

Friday 2:30-3:30 PM

Caceti Dobrowolski, OT Student and Ann Chapleau, DHS, OTRL

Internet Based Interventions for Improving Mental Health on College Campuses: A Scoping Review

Internet Based Interventions (IBI) have emerged as a possible mental health approach, reported to reduce cost and provide access to services. Little is known about the efficacy of IBI for college students, a population that reportedly underutilizes mental health services. This scoping review assesses the efficacy of IBI as a mental health intervention for college students. Three databases were used to initially identify 400 studies and through the scoping review process, 18 studies were ultimately reviewed. Analysis of the included articles revealed significant improvements in symptom reduction and mental well-being, while consistently increasing student's access to mental health services. IBI can be a resource for college counseling centers to reach students who may be unable or unwilling to access traditional services. However, more research is needed using functional outcome measurements to address the impact of IBI on meaningful student roles and activities.

POSTER 7

Friday 2:30-3:30 PM

Abigail Harpe, OT Student and Kelly Kislowksi, OT Student

The Effect of Screen Time on Development in Elementary-Aged Children

Play and education are two primary occupations influencing development in elementary-aged children. As screen time has impacted these childhood occupations, the outpatient pediatric OT is noticing clients are struggling with motor, cognitive, and psychosocial skills. This poster aims to understand the relationship between increased screen time and child development.

POSTER 8

Friday 2:30-3:30 PM

Rachael Barbarich-Davidson, OT Student and Courtney Stewart, OT Student

Impact of Touchscreen Technology on Children's Fine Motor Development

A five-year-old boy is being seen by his school occupational therapist (OT) to work on fine motor deficits which seem to be delaying his handwriting development. His mother met with the OT and informed her that she is a single parent and is often busy, so her son spends most of his time at home playing on his tablet. The OT is interested in understanding if there is a relationship between the tablet use and the client's fine motor skills.

POSTER 9

Friday 2:30-3:30 PM

Nicole Bell, OT Student and Julia VanderMolen, PhD, CHES

Evaluation and Practice of Mobile Applications as Assistive Technology for Students with Dyslexia

Using knowledge based on previous studies pertaining to the benefits of mobile applications as an assistive technology for individuals with dyslexia, the researchers in the present systematic

review aim to identify specific practices that have been shown to improve the reading engagement and comprehension of individuals with dyslexia.

POSTER 10

Friday 2:30-3:30 PM

Jill Brown, PhD, MSOT, OTRL and Lisa Brewer, OTD, MOT, OTRL

The role of occupational therapy: A mixed methods pilot study on the inter-professional assessment of community dwelling older adults

Clinical reasoning skills and inter-professional collaboration can facilitate positive outcomes for occupational therapy students when working with clients. Peer-mentoring provides MSOT students with a meaningful opportunity to develop skills instrumental for clinical success and career advancement.

POSTER 11

Friday 2:30-3:30 PM

Summer Besteman, OT Student; Amy Maurer, OT Student and Jessica Mooney, OT Student

An Exploration of Leadership Qualities Demonstrated During Level II Fieldwork

Graduate level occupational therapy (OT) students are expected to demonstrate leadership qualities throughout their Level II Fieldwork experiences; however, it has been reported that leadership is a quality that students lack during fieldwork. The purpose of this prospective research project is to identify the leadership traits and characteristics that Level II Fieldwork students demonstrate during their fieldwork experiences.

POSTER 12

Friday 2:30-3:30 PM

Nancy Vandewiele-Milligan, PhD, OTRL, FAOTA

Student Perceptions of Incivility in OT and PT Education Programs

Incivility is increasing in society and high education. Uncivil behaviors negatively impact the learning environment, disrupts learning, and is associated with poor professional behavior. Incivility in the classroom interferes with learning. OT and PT students differentiate behaviors in terms of both degree and of civility and frequency.

POSTER 13

Friday 2:30-3:30 PM

Heather Bowen, MOT, OTRL and Kynthia Marinkovich, OTRL, CLT

Demonstrating the value of occupational therapy service in a Neonatal Intensive Care Unit: a case for evidenced based practice leading the way

The Neonatal Intensive Care Unit is an area of advanced practice; however, there is a shortage of education and mentorship opportunities for students and entry-level practitioners. We hope to be instrumental as the first step in lessening the gap. We will provide an overview of what OT practice looks like in the NICU; as well as in a small baby unit. We will discuss how our practice has evolved over the last 5 years. We will also discuss where our unit is heading into the future. Finally, we hope to instill a basic understanding of providing occupational therapy to infants in a Neonatal Intensive Care Unit.

We are confident that the information we present, will encourage evidenced based practice in Neonatal ICUs of all levels; that it will inspire entry-level therapists to work towards advanced practice in the Neonatal ICU. We will also promote confidence and competence when working in the Neonatal ICU.

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SATURDAY SESSIONS

Saturday: 8:00 AM – 9:30 AM

BACH ROOM

Business Meeting

The status of the MiOTA organization will be reviewed.

This session offers PDU and all are invited to attend.

Saturday: 9:45 AM – 10:45 AM

BACH ROOM

Ann Chapleau, DHS, OTRL and Jennifer Harrison, PhD, LMSW, CAADC

Opioid Use Disorders and Pain Management: What to Know and Do

The opioid crisis in the U.S. is well documented. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, last year alone, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and the role of OT. Recommended holistic approaches for intervention will be presented. The presenters will also discuss social justice issues for pain management, which include disparities among women, ethnic minorities and the elderly related to access to treatment and type of treatment, loss of productivity and quality of life, and increased stigma. Participants will learn best practices in pain management consistent with CDC recommendations; strategies to address social justice issues related pain management; and understand the role of OT in pain management and treatment of opioid use disorders.

Saturday: 9:45 AM – 10:45 AM

BEETHOVEN ROOM

Karen Tibbs MS, OTRL and Rosielee Wicks, OTRL

Literacy and Autism

This presentation will guide OT's through basic skills of supporting children with autism in the area of literacy. We will explore some specific and general strategies that have been used in a self-contained and in an inclusive classroom setting. We will examine ways of how to support teachers and support staff in both settings, viewing a sample lesson plan. Participants will learn basic steps to consider when supporting literacy; what to consider for visual supports to literacy; fine motor activities to consider when working on visual motor skills; tips and strategies to consider when teaching literacy to non-verbal children; how to support teachers with lesson plans specific to literacy; multi-sensory ways of teaching literacy; importance of positioning to support learning.

Saturday: 9:45 AM – 10:45 AM

BRAHAMS ROOM

Lori Sweeney, OTRL

Occupational Therapy Management of the Non-Surgical & Surgical Spine

It is estimated that more than 80% of the general population will experience back pain at some point. Lumbar and cervical pain are most common and require some type of medical intervention and rehabilitation. As Occupational Therapists, we understand how spinal disorders affect a patient's activities of daily living. Pain, compensatory motor movements, kinesiophobia and dependence on others are significant problem areas that impact the patient's quality of life. This intermediate level workshop will provide therapists an occupation based perspective for the management of the non-surgical and surgical spine patient. Participants will understand the role of Occupational Therapy in evaluating and treating the non-surgical and surgical spine patient and surgical procedures and precautions. Participants will learn how to integrate practical activities for improved function with daily activities and identify treatment strategies and techniques to redirect the patient's own ability to manage their spinal condition.

Saturday: 9:45 AM – 10:45 AM

MOZART ROOM

Caitlin Koob, OT Student

An Analysis of Occupational Enrichment of the Seattle Children's Play Garden

The presentation analyzes the opportunities for developmental enrichment, as provided by the Seattle Children's Play Garden, from the perspective of occupational therapy. The Play Garden, located in Seattle, Washington, is an inclusive playground, preschool, and summer camp that promotes inclusion of children with disabilities. The analysis highlights each area of occupation and discusses the garden's contribution to facilitate growth in those skills. The intentional design and program structure advocates for children to maximize their independence in daily living, using a play-based approach. A case study illustrates the opportunities presented by the outdoor learning environment to support independence among children of all abilities, and the potential benefits of coupling these services with occupational therapy. The presentation justifies the replication of this concept to implement a healthy lifestyle among the next generation, introducing an innovative model to the current early education system. After the workshop, participants will discover the influence of interacting with nature, understand the mutual benefits of inclusivity, and recognize the potential advantages of a replicated model.

Saturday: 9:45 AM – 10:45 AM

RHINE ROOM

Denise Justice, OTRL

Management of the Elbow Contracture for Patients with Various Conditions Including Brachial Plexus Palsy

This session will review the evidence-based interventions for the management of elbow contractures using serial casting / splinting in patients with various medical conditions including those with neonatal brachial plexus palsy. Case studies will be presented. Participants will learn the following: timing for serial casting versus splinting, clinical decision making for casting

materials and alternative casting designs, strategies for casting safety/effectiveness, cessation of casting process, and home programming to facilitate elbow extension.

Saturday: 9:45 AM – 10:45 AM

MOZEL ROOM

Cheri Ramirez, MS, OTRL

Enhancing Leadership Skills: Utilizing the 5 Key Elements of Emotional Intelligence

There is not one single, or simple, definition of “leadership.” Many of us adopt leadership roles in our personal and/or professional lives. This lively, interactive workshop is for anyone interested in developing and enhancing their leadership skills through utilization of the 5 key elements of emotional intelligence (EI). Successful leadership is not easy, but always starts with taking time to introspectively, and honestly, dissect our current skills and practices before making effective changes that lead to powerful, positive change. If you are ready to be challenged, this workshop will provide you with handouts, resources, and examples to get you started on your journey to being a more effective leader.

Saturday: 9:45 AM – 10:45 AM

DANUBE ROOM

Mary Ellen East

Choosing Wisely and Volume to Value

Participants in session will review the following AOTA Choosing Wisely video:

<https://www.aota.org/Practice/Researchers/choosing-wisely/video.aspx>. The Choosing Wisely website and phone App will be shared. Following the video and website demo, participants will split into practice areas groups to discuss how to incorporate the Choosing Wisely initiatives into their practice. A brief overview of the AOTA Volume to Value initiatives and website will also be shared with participants in anticipation of the October 1st, 2019 Medicare reform for Patient Driven Payment Models. Session will close with a question and answer session about Choosing Wisely and Volume to Value.

Saturday: 9:45 AM – 10:45 AM

ALTMUEHL ROOM

Angela Blanchard, MS, OTRL

Putting Occupation Back in Occupational Therapy: Maximizing Skills for the Future!

Americans are working longer and delaying retirement. Studies suggest factors including the rising cost of healthcare, housing, and goods; personal debt, rising retirement age, fewer pensions, and personal choice. At the same time, many Americans are more deconditioned and less healthy. According to a 2013 report by the Institute of Medicine and National Research Council, “although the United States spends more on health care than any other nation, a growing body of research shows that Americans are in poorer health and live shorter lives than people in many other high-income countries.” Combine these two concepts, and OTs can expect to see our patient population include more working-age adults. How will we as a profession respond? Participants will learn the reasons for the need of Occupational Therapist in work settings and an overview of employment laws allowing for opportunities and growth; working in clinical settings will recognize skills that are transferable and beneficial in the

workplace; working in a vocational setting will share their experience transitioning from a clinical setting to vocational program and the journey in identifying they value; and working with adults will recognize the impact they can have by empowering individuals with disabilities in obtaining and retaining employment.

Saturday: 11:30-1:30 PM

BACH ROOM

Cathleen Johnson, OTD, OTRL, FMIOTA

Daily Weight Monitoring: An Important Instrumental Activity of Daily Living for Patients with Heart Failure

Heart failure is a chronic condition affecting millions of adults and is a common reason for hospitalization. Self-management, including daily weight monitoring, can prevent hospitalization and re-hospitalization. Occupational therapists are well suited to address self-management through the development of habits and routines related to daily weight monitoring as an intervention for people with heart failure.

Saturday: 11:30-1:30 PM

BEETHOVEN ROOM

Angeline L Bayci, OTRL, FMIOTA

Documentation: "Tell the Story, Paint the Picture"

We are too often ready to blame the type of tools we are required to document from. We should not hold those programs accountable for our lack of quality documentation. We must get back to the essential components of good documentation, focusing on the content, including subjective information, objective data, utilizing tests and measures to enhance outcomes, with an emphasis placed on patient response and functional performance. This must be driven by you, the clinician, and not the forms. Documentation is not an extra step; it is an integral part of the services we provide to our patients. We advocate for our patients by providing quality documentation, which includes documentation of medical necessity, and skilled services, convincing payers of the need for Occupational Therapy services. This will be an interactive session allowing you the opportunity to enhance your documentation skills.

Saturday: 11:30-1:30 PM

BRAHAMS ROOM

Barbara Williams, OTD, OTR

Let's talk about the NBCOT® National Certification Exam!

This presentation will provide information on preparing for the NBCOT national certification examination, as well as the examination application process and the benefits of certification. The mission of NBCOT is to serve the public interest by advancing client care and professional practice through evidence-based certification standards and the validation of knowledge essential for effective practice in occupational therapy. NBCOT demonstrates these practices by developing, administering, and continually reviewing the certification process based on current and valid standards that provide reliable indicators of competence of the practice of occupational therapy.

Saturday: 11:30-1:30 PM

MOZART ROOM

Kelly Hale, MS, OTRL, IMTc, PMA, CPT

Moving Towards Integration: Mind Body Practices in Occupational Therapy

Please bring a mat to this workshop!

Mind/body and Brain health are hot topics in the health and wellness fields today! OT's are very well positioned to meet this need! Explore a unique moving meditation system that is a synergy of Pilates, Brain Gym, Chi Gong, developmental patterns and reflexes that easily and efficiently empowers the health of a multitude of patients and provides quick self-care tools for the therapist. This gentle, yet powerful work is great for patients dealing with: concussions, neurological challenges, chronic health conditions such as Lyme, Chronic fatigue, Fibro, autoimmune challenges and today's human condition of high stress and anxiety. Go beyond just talking about the mind body connection and truly discover how to Integrate the mind and body for transformative treatments! Participants will explore homo-lateral vs contra-lateral movement, midline, and reflexes as related to nervous system integration, balance, fascial connections and trunk stability and become empowered to incorporate 3-20 minute segments into treatment.

Saturday: 11:30-1:30 PM

RHINE ROOM

Kim Ganzevoort, COTAL, CBIS, CCCE

Cashing in on Fieldwork Coordination: Why a Solid Foundation Matters

Due to the growth of current and creation of new OT programs, along with elevation of doctoral education, it is imperative we increase the quality of fieldwork education (FWE) programs to support advancement of our profession. Coordinated clinical FWE programs result in improved FWE experiences and foster value of the educational experience for the student. This model leads to less reservation cancellations, greater utilization of fieldwork opportunities and fortifies collaboration between clinical and academic programs. This presentation explores the exemplar of a structured program including a single liaison for academic and clinical communication and multi-level support to FWE and students, allowing for an optimal return on investment. Participants will learn to: analyze tools used to support students and FEW; identify the return on investment of a coordinated FWE structure; determine ways to cultivate FWE at their site and/or within their program; reflect on their role in the FWE program and identify opportunities for growth.

Saturday: 11:30-1:30 PM

MOSEL ROOM

Claudette Stork Reid, OTL and Renée Lyon, MS, OTRL

Work is an ADL too! Recognizing the Vocational Implications in OT Services Across Multiple Settings

Work is a critical role for all persons across the lifespan, including persons with disabilities. OT is optimally positioned to facilitate a strong and vibrant sense of vocational purpose in many areas. This presentation will investigate how work relates to traditional OT practice in schools, acute care, rehabilitation, mental health, and gerontology. Interactive problem solving of case

scenarios will be used to begin developing a greater awareness of this therapeutic opportunity that is often overlooked. Participants will learn: school and pediatric therapists will recognize how to assess work readiness skills and needs for accommodations in job experiences; therapists working with adults will recognize how to include work-related functions in their assessments and work-related goals in their treatment plans; therapists working in mental health settings will recognize the opportunities and benefits for integrating work into their treatment approaches; and therapists working with older adults will have increased awareness of the aging worker's unique needs and how to integrate them into treatment approaches.

Saturday: 11:30-1:30 PM

DANUBE ROOM

Nel Ledesma MHS, OTRL

Clinical Application of Evidence-Based Interventions to Improve Upper Extremity Motor Recovery Post-Stroke

Despite the advances in medicine, stroke continues to be the leading cause of long-term disability in the United States. Upper extremity motor recovery is essential for the achievement of functional independence and the lack of recovery is a major contributor to the loss of independence. The escalation of healthcare costs resulted in shorter length of stay in the in-patient rehabilitation settings and limited the number of therapy visits in the out-patient settings. In addition, payers expect and mandate accountability from healthcare providers to provide informed and effective interventions. It is important that therapists consistently engage patients in their recovery and utilize evidence-based interventions that are cost effective. This presentation will focus on clinical application of evidence-based interventions such as the use of neuromuscular electrical stimulation (NMES) to facilitate motor recovery, a home-based electrical stimulation (e-stim) training program, and the use of SAEBO orthosis to improve upper extremity motor recovery and functional use with daily activities. We will discuss common upper extremity assessments used in measuring treatment outcomes, case studies will be presented, and recovery timelines will also be covered. By the end of this presentation, participants will be able to: understand the concepts of neuroplasticity; identify the critical window for therapeutic interventions to maximize upper extremity motor recovery post-stroke; identify the recommended upper extremity (UE) assessments for stroke patients; describe the use of neuromuscular electrical stimulation (NMES) to facilitate motor recovery and home-based program in reducing UE motor impairment & shoulder subluxation; describe the precautions & contraindications regarding the use of e-stim/NMES; understand other evidence-based interventions in improving UE motor recovery/function.

Saturday: 11:30-1:30 PM

ALTMUEHL ROOM

Bridgette Nicholson, OTRL

PART 2: Writing Success for all Students with Assistive Technology (Part 1 is Friday, 9:45-11:45 AM in the Altmuehl Room)

Writing and recording information to show what they know is our students' occupation in the educational environment. Children's ability to write will impact their functioning in almost every academic area, and in daily living, while in school and beyond. Occupational therapy

intervention for writing, including handwriting/penmanship skills and typing is common for therapists working in school environments. As OT's, we are in the ideal position to support students' access to technology which will allow them to function at the highest levels of independence. This will be a presentation covering the entire continuum of the writing process for students of every grade, age, and functional level. We will cover all methods of writing. A database of tools and strategies will be provided. Participants will have the opportunity of trying out some of the ideas presented. Case studies and progress monitoring ideas will be shared. Participants will be able to demonstrate and teach the use of a variety of writing tools (technology-based and non-technology) to their students, as well as help with the integration of these tools and strategies into each students' curriculum; describe the different methods of writing and explain the importance of a range of writing production methods for all students at different cognitive and skill levels; compare and contrast different methods of writing with variables and support to identify successful methods of writing for their students; apply the information immediately after the presentation given the hands-on training, together with readily available technologies for their students; and compare and contrast different methods of multimedia input and output technology systems to identify successful methods of learning for their students.



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Friday, October 11, 2019

FRIDAY	Bach 100	Beethoven 100	Brahams 82	Mozart 30	Rhine 25	Mosel 28	Danube 48	Altmuehl 44
7 AM	Registration							
8-9:30 PDU - 1.5	39 Key Note Jozlin							
9:45-11:45 PDU - 2	34 Ramierz	12 Ledesma	26 Williams	3 Luplow	14 Muusz	17 Eberth	4 Case	38 Nicholson
11:45-1:15 PDU - 1	Unopposed Exhibit Time							
12-1	Lunch							
1:15-2:15 PDU - 1	45 Clark Lamb Johnson	8 L Johnson	25 Latocki	5 Chapleau	1 S Johnson	31 Miles	35 Phillips	44 Matthews
2:30-3:30 PDU - 1	Posters Twelve							
3:45-5	Silent Auction/ Awards							

Saturday, October 12, 2019

SATURDAY	Bach 100	Beethoven 100	Brahams 82	Mozart 30	Rhine 25	Mosel 28	Danube 48	Altmuehl 44
7:30 AM	Registration							
8-9:30 PDU - 1.5	Business Meeting							
9:45-10:45 PDU - 1	6 Chapleau	30 Tibbs	20 Sweeney	15 Koob	10 Justice	32 Ramierz	40 East	27 Blanchard
10:45-11:30 PDU - 1	Unopposed Exhibit / Snack							
11:30-1:30 PDU - 2	41 C Johnson	13 Bayci	37 Williams	9 Hale	36 Ganzevoort	28 Reid	11 Ledesma	38 Nicholson



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